

Quick news

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COW ROW: Scientists in two countries have locked horns over who produced the world's first human milk . . . from cows. An Argentine laboratory claims it created the first transgenic cow, using genes that allow the

animal to produce human milk. But scientists at the Agricultural University in Beijing say they have genetically modified cows to produce human milk and hope to be selling it in supermarkets in three years.



BAD DEBT: A daughter of Malcolm X has admitted to stealing the identity of an elderly family friend to run up \$US55,000 in credit card debt. Malikah Shabazz, who has been in jail since her March 2

arrest, must pay back the money and be on probation for five years. The 46-year-old used the name of a woman whose late husband was one of Malcolm X's bodyguards to acquire credit cards.

Beating bullies at their own game

EDUCATION

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SCHOOLYARD bullying is worse now than it was 10 years ago.

Behavioural specialist Tan Curtis believes this is because children aren't being taught the correct tools for how to manage bullies.

She says we are verging on a nationwide bullying epidemic that needs to be stopped.

This is where the Bulletin steps in.

The newspaper and Ms Curtis are holding a free seminar on Tuesday, June 21, at The Arts Centre Gold Coast, about how parents can best equip their children in dealing with bullying in and out of school.

Ms Curtis, director of behavioural science group Fabic, said inquiries about bullying had increased in recent months following high-profile cases reported in the media.

"I thought it was very important to help families manage this growing issue that seems to be affecting our city and our children right through their schooling," she said.

"Bullying is worse now than it was 10 years ago for many reasons.

"One of the reasons is children

TIPS FOR BULLY VICTIMS

- Offer zero response to the bully
- Always walk away from the bully
- Always walk to another person – this way you are not left alone with the bully
- Keep telling an adult until you get the right help
- Act self-assured and confident by standing tall, holding your shoulders back, keep direct eye contact and hold a solid voice tone

don't know how to manage what is happening in their life; for example, if they have family problems or are not managing academically at school."

Ms Curtis said the people, especially teens, had not been taught the tools to manage challenges in day-to-day life and how they presented themselves to society.

She said the way people presented themselves could expose them as a target to bullies.

She said it was vital to portray confidence verbally and non-verbally.

Bookings for the free seminar are essential and can be made by contacting The Arts Centre Gold Coast on 5588 4000.



Behavioural specialist Tan Curtis is heading the Gold Coast Bulletin's Anti-Bullying seminar to help kids such as Xavier Austin, 4, Henry Bahnisch, 6, Tully Austin, 6, and Hunter Austin, 8
Photo: MICHAEL ROSS